

Dear Parents,

Northwood Little League would like to thank you for your willingness to make sure your child and all children are safe while they are here playing America's favorite sport. It is our desire that all children understand and respect safe play techniques and rules.

Please help us instruct your children on the following rules and guidelines concerning safe play:

From the Little League Rule Book (with added emphasis)

Responsibility for safety procedures should be that of an adult member of the local league.

Arrangements should be made in advance of all games and practices for emergency medical services.

Managers, coaches, and umpires should have some training in first aid. First-Aid Kit should be available at the field.

No games or practice should be held when weather or field conditions are not good, particularly when lighting is inadequate.

Play area should be inspected frequently for holes, damage, glass and other foreign objects.

Dugouts and bat racks should be positioned behind screens.

Only players, managers, coaches and umpires are permitted on the playing field during play and practice sessions.

Responsibility for keeping bats and loose equipment off the field of play should be that of a regular player assigned for this purpose.

Procedure should be established for retrieving foul balls batted out of the playing area.

During practice sessions and games, all players should be spaced so that no one is endangered by errant balls.

Equipment should be inspected regularly. Make sure it fits properly.

Pitching machines, if used, must be in good working order (including extension cords, outlets, etc.) and must be operated only by adult managers and coaches.

Batters must wear protective NOCSAE helmets during practice, as well as during games.

Catchers must wear catcher's helmet (with face mask and throat guard), chest protector and shin guards. Male catchers must wear long-model chest protector (divisions below Junior/Senior League), protective supporter and cup at all times.

Except when runner is returning to a base, head first slides are not permitted.

During sliding practice, bases should not be strapped down.

At no time should "horse play" be permitted on the playing field.

Parents of players who wear glasses should be encouraged to provide "Safety Glasses."

Players must not wear watches, rings, pins, jewelry or other metallic items.

Catchers must wear catcher's helmet, face mask and throat guard in warming up pitchers. This applies between innings and in bull pen practice. Skull caps are not permitted.

Batting/catcher's helmets should not be painted unless approved by the manufacturer.

Regulations prohibit on-deck batters. This means **no player should handle a bat, even while in an enclosure, until it is his/her time at bat.**

Players who are ejected, ill or injured should remain under supervision until released to the parent or guardian.

Thank you for your support and attention to safe play.

Northwood Little League